

**Introduction to Oil Painting**  
With Instructor Sarah Sedwick  
July 29-30, 2017  
10 am - 5 pm  
Umpqua Valley Arts Association

Whether you're a total beginner, an experienced artist looking to try a new medium, or a painter returning to oils after some time away, this two-day workshop has something for you. Get familiar with oil paint and energize your art making practice with a focus on the fundamentals of loose, realistic painting.

We begin with value - the dark and light relationships between objects - the most basic building block of representational art. Next we'll move on to a simple primary color palette, mixing up a full spectrum from three tubes of paint. Sarah will demonstrate her painting process, and you'll do quick inspirational exercises and a longer-duration painting.

This workshop is still life based, and instruction will be in oils. Water-soluble oils are welcome, but are not recommended for this class.

Artists of all levels welcome! Ages 15+



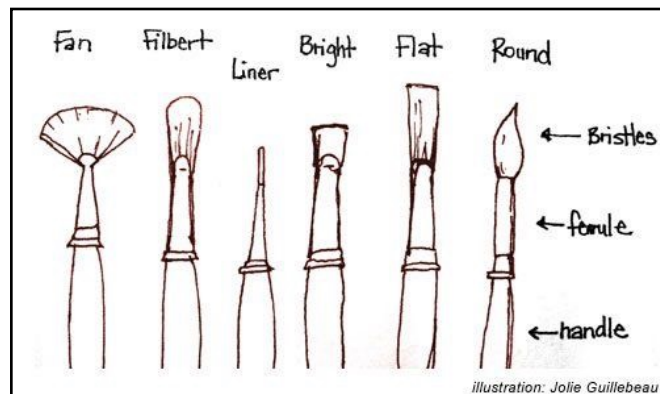
**About the instructor:**

Sarah Sedwick is an oil painter whose focus is still life and portraiture. She was born in Cleveland, Ohio, got her BFA from Maryland Institute, College of Art in Baltimore in 2001, and has lived in Eugene, Oregon since 2007. She regularly teaches workshops - both in Oregon and around the country, exhibits in galleries, and sells her work online. This will be Sarah's first visit to UVAA!

More about Sarah can be found at her website and blog: [sarahsedwick.com](http://sarahsedwick.com)  
[sedwickpaints.blogspot.com](http://sedwickpaints.blogspot.com)

**Materials List**  
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- Palette - **minimum size 12x16"** disposable paper palette pad. Get white, not gray.
- Palette knife – not a teeny one. You want to be able to scoop up a pile of paint with it.
- Rags or paper towels (I like disposable blue shop towels)
- Solvent: Gamsol or Turpenoid
- 2 glass jars with tight-fitting lids
- Paint - I use M. Graham brand. Please include the following colors:
  - Titanium white
  - Alizarin crimson
  - Ultramarine blue
  - Cadmium yellow
- Brushes - I use taklon (synthetic, white bristles) and natural hog bristle, but it's up to your preference. I recommend a range of sizes from #2 to #6. Rounds, and Flats.



- Canvases or other painting surfaces:
  - canvas panels, a pad of canvas paper, or any inexpensive painting surface
- Easel and side table
  - A **standing travel easel**. Sometimes called a french easel.
  - A TV table or side table for your palette (optional! the smaller the better)